LOOK WHO'S TALKING

MEALTIME SUPPORT TRAINING WORKSHOPS

Practical training for safer, more confident mealtimes

Look Who's Talking offers **Mealtime Support Training Workshops** for carers, support workers and other professionals who support people with swallowing difficulties (dysphagia).

Supporting safe, enjoyable and meaningful mealtimes for a better quality of life.

Initial Training

For employees completing the training for the first time, our program includes:

2.5hr practical workshop covering essential mealtime support, safety and compliance content

Practical assessment

Certificate of Attainment for participants who successfully complete the required training and assessment

12-month certification providing evidence of current training and compliance

Key Topics Covered

Participants will develop an understanding of:

- Dysphagia and swallowing
- Mealtime safety and risk management
- Food textures and fluid thickness
- Positioning and support strategies
- Safe and appropriate mealtime practices

Ongoing Annual Compliance

We understand that maintaining current training and compliance is an important part of safe mealtimes.

Once an employee has successfully completed the initial workshop and assessment, they can maintain their currency through an **annual refresher and re-assessment process**, rather than repeating the full workshop each year.

This provides a practical and streamlined approach to ongoing staff training while ensuring participants continue to maintain the knowledge and skills required to support safe mealtimes.

Training Investment

Initial training:
$250 per participant + GST
Minimum of 3 participants

Groups of 6 or more:
$200 per participant + GST

Please contact Look Who's Talking to discuss your teams training requirements or to arrange a workshop.

Good comminication changes everything.

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