LOOK WHO'S TALKING

SEPTEMBER

School Holiday Groups

Information Booklet

Overview

At Look Who's Talking, we're always discovering fresh and exciting ways to help our clients thrive. One of our favourite ways to support children is through group therapy—a dynamic, evidence-based approach that builds communication, confidence, connection, and real-world skills.

Why Choose Group Therapy?

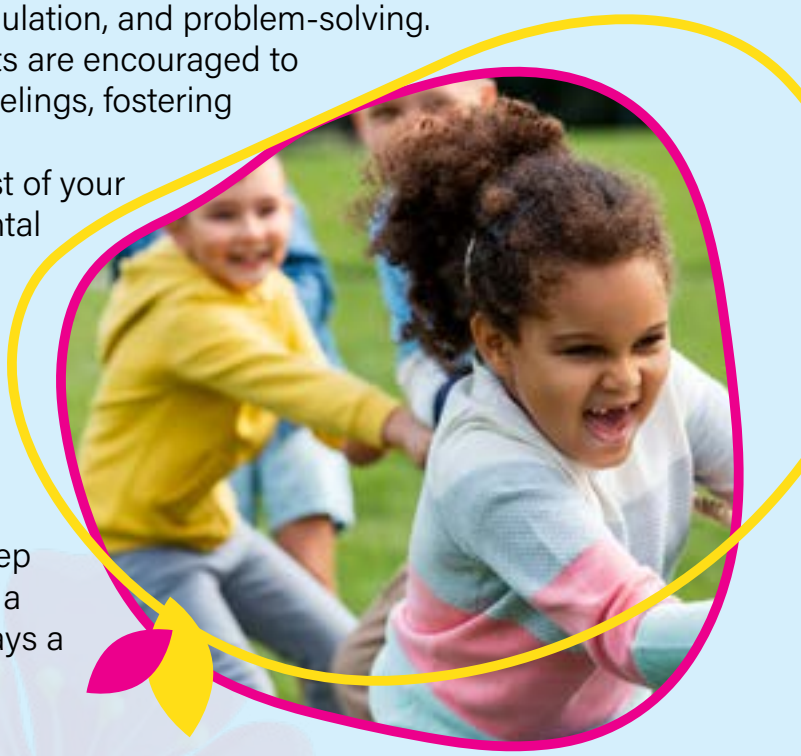
Group therapy offers unique benefits that complement one-on-one therapy. In our sessions, led by experienced Speech Pathologists, Occupational Therapists, Music Therapists and Allied Health Assistants, participants can:

- Achieve goals in a team-based setting with the support of peers and professionals.
- Learn and grow through engaging, play-based activities that make learning fun and natural.
- Build essential skills in communication, social interaction, and self-expression in a safe, supportive environment.
- Gain confidence and form connections, all while enjoying a joyful and empowering group dynamic.

Why Join a School Holiday Group?

Our school holiday groups are thoughtfully designed to provide a valuable and enjoyable experience for all participants:

- **Multidisciplinary focus:** Sessions integrate skills across various areas, guided by
- Speech Pathologists, Occupational Therapists, Music Therapists and Allied Health
- Assistants.
- **Safe and supportive environment:** Smaller groups with higher therapist-to-
- participant ratios ensure personalised support and guidance.
- **Real-world practice:** Activities simulate everyday situations, offering opportunities
- to practice communication, emotional regulation, and problem-solving.
- **Boost emotional awareness:** Participants are encouraged to explore and express their thoughts and feelings, fostering emotional resilience.
- **Efficient and economical:** Make the most of your funding by targeting multiple developmental goals within a single session
- **Flexible trial option:** Experience group therapy without the commitment of a full-term program.



A Meaningful Holiday Experience

Make the most of your school holidays by engaging in fun, skill-building activities that keep participants active, connected, and growing in a supportive community. Let's make these holidays a time for connection, confidence, and growth.

SEPTEMBER SCHOOL HOLIDAY TIMETABLE

MON 21	TUES 22	WEDS 23	THURS 24	FRI 25
Springtime Crafters 10:00am - 12:00pm Bee Sweet Bakers 10:30am - 12:30pm Building Blockstars 1:30pm - 3:00pm	Blooming Beats & Sweet Treats 8.30am - 12:30pm Look Who's Gaming Jnr 3.45pm - 5.15pm	Springtime Crafters 10:00am - 12:00pm Bee Sweet Bakers 10:30am - 12:30pm Building Blockstars 1:30pm - 3:00pm DOTS 1 - Journey to the Faewild 1:30pm - 5:30pm	Blooming Beats & Sweet Treats 8:30am - 12:30pm Look Who's Gaming Snr 3.45pm - 5.15pm	Tiny Tunes 10:00am - 11:30am Melodies in Bloom 1:30pm - 3:30pm
MON 28	**TUES 29**	**WEDS 30**	**THURS 1**	**FRI 2**
Springtime Crafters 10:00am - 12:00pm Bee Sweet Bakers 10:30am - 12:30pm Building Blockstars 1:30pm - 3:00pm	Blooming Beats & Sweet Treats 8:30am - 12:30pm Look Who's Gaming Jnr 3:45pm - 5:15pm	Springtime Crafters 10:00am - 12:00pm Bee Sweet Bakers 10:30am - 12:30pm Building Blockstars 1:30pm - 3:00pm DOTS - Mischief at Marmalade Manor 1:30pm - 5:30pm	Blooming Beats & Sweet Treats 8:30am - 12:30pm Look Who's Gaming Snr 3:45pm - 5:15pm	CLINIC CLOSED

Blooming Beats & Sweet Treats

Our School Holiday Clinic!

Why attend?

Step into a world of wonder, learning, and seasonal magic with our group therapy program! Led by our expert Speech, Music, and Occupational Therapists, this program is filled with fun-filled activities designed to support communication, motor skills, emotional regulation, and self-confidence.

Children will engage in movement to music, group games, and yoga to practice balance and coordination, participate in musical games to practice sharing and turn-taking, enjoy sensory play with various materials to support self-regulation, and create seasonal crafts to develop fine motor skills and foster creativity. Your child will enjoy a supportive, skill-building adventure and spots are limited, so don't miss this experience!

What your child will gain

During the group, your child will have opportunities to:

- Practice expressive and receptive language skills through team activities, following instructions, and group discussions
- Build social communication (social skills) by working together cooperatively, taking turns, and supporting peers in a group setting
- Strengthen coordination and motor skills through activities like crafting, baking and yoga
- Engage in sensory-rich experiences in a supportive environment, learning to explore preferences with new textures, sounds, and movement
- Gain confidence by completing tasks independently, like creating crafts or participating in team games, fostering a sense of accomplishment
- Explore creativity through crafts, storytelling, and imaginative play, encouraging self-expression
- Develop strategies for managing emotions with therapist support during challenging or stimulating tasks
- Develop independence through supported routines and group participation.

What activities will my child participate in

Across four fun-filled days, children will enjoy a variety of activities designed to boost communication, motor skills, creativity, and confidence through speech, occupational, and music therapy. Here are just some of the engaging activities within the program:

Flower Power Bingo

Children kick off the day by crafting cheerful name tags with blooming flowers, buzzing bees, and fluttering butterflies! They'll also play a spring-time "Get To Know You" bingo to build confidence, learn names, and make fast friends!

Sensory Treasure Hunt
Using their senses, kids will go on a springtime treasure hunt to find "something soft like a flower petal" or "something crunchy like a leaf" It's a hands-on way to build vocabulary, confidence, and sensory exploration while celebrating the season.

Springtime Story Telling
We end the day gathered in a "springtime garden" circle for a storytelling session featuring butterflies, bunnies, and blooming flowers, with music and props. This supports language skills, imagination, and smooth transitions.

Sing and Spring!
Children sing and move along to spring-inspired songs about hopping bunnies, flowers, and more! This playful activity encourages self-expression and social connection all while celebrating the joys of the season!

Buzz & Bloom Adventure Course
Kids hop like playful bunnies, flutter like butterflies, and buzz like busy bees as they navigate a fun-filled spring obstacle course. This high-energy activity builds coordination, motor planning, and teamwork, all while soaking up the joy of the season!

Rainbow Wings Craft
Using coffee filters, markers, and pipe cleaners, children create their own colorful butterfly with fluttering wings! This fun activity is great for fine motor skills, creativity, and self-expression.

Springtime Sprinkles
Children mix, bake, and decorate spring-inspired treats like flowerpot cupcakes. While they're having fun, they're also building fine motor skills, sequencing, and following instructions.

Each day will be different! Click here to see a full schedule of events across each of the workshops by clicking the link below!

Who's it for?
Children aged 6-9 years

What's included?
- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 4 hour group session
- Session summary
- Take-home materials from the session

What's the cost?
Session Cost: $744 - $421 (3-8 people)

When is it on?
Tues 22 Sep, Thurs 24 Sep, Tues 29 Sep & Thurs 1 Oct
8:30am to 12:30pm (4hrs)

Blooming Beats & Sweet Treats

CLICK HERE FOR MORE INFORMATION

Information Pack

Springtime Crafters

Why attend Springtime Crafters?

Give your child a boost in essential skills with our Springtime Crafters! This unique, holiday-themed program, designed with Speech Pathology and Occupational Therapy goals, combines themes of the season with targeted activities that strengthen fine motor skills, communication, and social connections. As children enjoy creating crafts, they'll also gain communication, confidence, and emotional regulation skills, all in a supportive, fun environment. Let your child experience the joy of creating spring-themed crafts they can proudly bring home to share!

What your child will gain

During the group, your child will have opportunities to:

- Practice cutting, gluing, and decorating to strengthen their fine motor skills
- Practice sharing, taking turns and engaging in group activities
- Build connections with peers
- Use materials with different textures and colours to explore sensory preferences
- Complete crafts with support, boosting self-esteem and problem-solving skills
- Expand their vocabulary, descriptive language, and follow multi-step directions
- Explore and develop perspective-taking skills as they share their craft with their peers

Who's it for?

Children aged 5-8 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 2 hour group session
- Session summary
- Take-home craft from the session

What's the cost?

Session Cost: $430 - $268 (3-8 people)

When is it on?

Mon 21 Sep, Weds 23 Sep, Mon 28 Sep , Weds 30 Sep
10:00am - 12:00pm (2hrs)

Bee Sweet Bakers

Why attend Bee Sweet Bakers?

Bee Sweet Bakers is the perfect recipe for young bakers to build communication skills while developing important functional and independent living skills. Designed by Speech Pathologists and Occupational Therapists, this holiday-themed group combines the joy of baking with essential skills for life. Through hands-on activities, participants improve fine motor skills, communication, and teamwork, while exploring new sensory experiences in a supportive environment. They'll also build confidence, independence, language, and develop functional skills. Let them enjoy creating treats while developing valuable life skills!

What your child will gain:

During the group, your child will have opportunities to:

- Strengthen fine motor skills through hands-on activities like mixing, rolling, and decorating
- Practice following instructions, taking turns, and working together in a group setting
- Engage with new textures, smells, and tastes, guided by therapists to support sensory preferences
- Complete baking steps with support to develop self-esteem, independence and responsibility
- Expand their vocabulary, descriptive language, follow multi-step directions and sequence steps within a recipe
- Practice counting, measuring, and communicating in a supportive environment

Who's it for?

Children aged 8-11 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 2 hour group session
- Session summary
- Take-home goods from the session

What's the cost?

Session Cost: $430 - $268 (3-8 people)

When is it on?

Mon 21 Sep, Weds 23 Sep, Mon 28 Sep & Weds 30 Sep
10:30am - 12:30pm (2hrs)

Building Blockstars

Why attend Building Blockstars Group?

Give your child the chance to connect, communicate, and grow through play! Led by our clinicians, Building Blockstars uses LEGO as a shared interest and therapeutic tool to help children strengthen social communication, emotional regulation, and language skills in a fun and engaging way. Through hands-on building challenges, children learn how to express ideas, solve problems collaboratively, and manage emotions, all while forming friendships, gaining confidence, and building the blocks for lifelong connection and success.

What your child will gain:

During the group, your child will have opportunities to:

- Build expressive and receptive language skills through describing, explaining, and negotiating during shared building tasks
- Develop social communication by taking turns, listening to others' ideas, and co-creating projects with peers
- Strengthen emotional regulation and resilience with therapist support during moments of challenge, excitement, or frustration
- Practice collaboration and flexible thinking, learning to adapt, compromise, and celebrate group successes
- Boost confidence and independence through positive, supported social experiences that recognise effort and teamwork

Who's it for?

Children aged 5-8 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 1.5 hour group session
- Session summary
- Take-home activity

What's the cost?

Session Cost: $349 - $244 (3-8 people)

When is it on?

Mon 21 Sep, Weds 23 Sep, Mon 28 Sep & Weds 30 Sep
1:30pm - 3:00pm (1.5hrs)

Look Who's Gaming – Jnr

Why attend Look Who's Gaming - Jnr?

Look Who's Gaming- Jnr is designed to help young gamers connect and grow in a fun, social setting. Through engaging video games, children build teamwork, communication, and problem-solving skills while making friends with peers who share their interests. This program also fosters essential life skills like understanding perspectives, interpreting body language, and managing emotions in a safe, neuro-affirming space. Let your child thrive, gain confidence, and develop key social skills—all while enjoying the world of gaming in a supportive environment!

What your child will gain:

During the group, your child will have opportunities to:

- Learn to work effectively with peers through group gaming activities
- Practice sharing ideas, listening to others, and discussing strategies
- Understand and appreciate different viewpoints and practice empathy in a group setting
- Gain awareness of others' body language, facial expressions, and tone of voice
- Increase understanding of personal strengths and learn to express needs effectively
- Form meaningful connections with peers who share similar interests in gaming

Who's it for?

Children aged 7-10 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 1.5 hour group session
- Session summary

When is it on?

Tues 22 Sep & Tues 29 Sep
3:45pm - 5:15pm (1.5hrs)

What's the cost?

Session Cost: $349 - $244 (3-8 people)

Look Who's Gaming – Snr

Why attend Look Who's Gaming - Snr?

Look Who's Gaming – Snr is an inclusive program where older children and teens can build connections and social skills through a shared passion for gaming. Gaming provides a fun and motivating way to practise teamwork, communication and problem-solving. Through fun activities and discussions about favourite gaming elements, participants practice collaboration, self-regulation, and perspective-taking. It's a great way for older children and young teens to gain confidence, make friends, and develop essential social communication skills in a supportive, engaging environment.

What your child will gain:

During the group, your child will have opportunities to:

- Build connections and friendships with peers who share similar gaming interests
- Improve cooperation and communication through multiplayer games and group activities
- Practice critical thinking and strategy in gaming challenges
- Learn to understand and appreciate different viewpoints within a group
- Gain skills to manage and express emotions and how to recognise this within their peers
- Increase confidence in sharing needs and expressing personal strengths and interests

Who's it for?

Children aged 11-15 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 1.5 hour group session
- Session summary

What's the cost?

Session Cost: $349 - $244 (3-8 people)

When is it on?

Thurs 24 Sep & Thurs 1 Oct
3:45pm - 5:15pm (1.5hrs)

DOTS

CHOOSE 1 or 2

1. Journey to Faewild (Weds 23 Sep)

The party is mysteriously transported to the Faewild where they will have to solve puzzles and defeat enemies to find their way back to their realm before time runs out.

2. Mischief at Marmalade Manor (Weds 30 Sep)

Baron Caldor Nightshade has been found dead in his home - all the doors and windows locked and not a hair out of place. His wife - Baroness Vale Nightshade - has hired you to investigate his death.

Why attend DOTS?

Dragons of the Spectrum is a structured, play-based social skills program designed to build teamwork, communication and problem-solving. It is a structured and manualised learning program for older teens and young adults. Built around a simplified tabletop role-playing game, DOTS helps participants build social confidence, emotional awareness, and peer connection in a safe, neuro-affirming environment.

DOTS is designed for neurodivergent children, including those with Autism, ADHD, and PDA. It values different communication styles, creativity, and individual strengths, and supports skill generalisation through weekly take-home missions.

What your child will gain:

During the group, your child will have opportunities to:

- Participate in informed social learning with fantasy role-play
- Gain confidence in a neuro-affirming environment
- Celebrate individual strengths, diverse communication styles and creativity
- Gain structured skill development through cooperative storytelling
- Build relationships through teamwork, shared success and challenges
- Reflective play as a vehicle for emotional insight and flexible thinking
- Self-awareness and emotional language
- Coping strategies and emotional regulation
- Turn-taking and collaborative planning skills
- Perspective-taking and empathy

Who's it for?

Children aged 13-17 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 15 min initial introduction phone call
- 4 hour session with two 10 min breaks built into the session
- A summary of the rules and game play of DOTS to be read beforehand
- Session summary

What's the cost?

Session Cost: New Client to DOTS $519 - $447 (3-6 people)
Returning Client to DOTS $472 - $400 (3-6 people)

When is it on?

Weds 23 & Weds 30 Sep
1:30pm - 5:30pm (4hrs)

Tiny Tunes

Why attend Tiny Tunes?

Tiny Tunes is a joyful, music-filled group for 2–5 year-olds who need a little extra support with communication! Led by a Speech Pathologist and Music Therapist, sessions are packed with singing, movement, instruments, and play-based fun, all designed to stimulate language, develop communication skills, and build confidence. Parents join in too, learning simple, practical strategies to support communication at home. It's a warm, playful space where little voices grow through music, movement, and connection.

What your child will gain:

During the group, your child will have opportunities to:

- Explore regulation concepts through fun, music-based activities
- Develop narrative language skills and early literacy through music and storytelling
- Build fine & gross motor skills while supporting early language development through music
- Nurture early development through music and movement.
- Use key word signs and other ways to support communication
- Grow in confidence while having fun
- Strengthen their bond with you as you learn helpful strategies together

Who's it for?

Children aged 2-5 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 1.5 hour group session
- Session summary
- Take-home resources

What's the cost?

Session Cost: $349 - $244 (3-8 people)

When is it on?

Fri 25 Sep
10:00am - 11:30am (1.5hrs)

Melodies in Bloom

Why attend Melodies in Bloom?

Our Musical Connections program, where both a Music Therapist and Speech Pathologist help your child build confidence, communication, and peer relationships through musical activities. This fun and engaging group supports skills like sharing, collaboration, problem-solving, understanding others, and self-regulation, all while celebrating your child's strengths and interests.

What your child will gain:

During the group, your child will have opportunities to:

- Build confidence and a sense of achievement as they try new things, and celebrate their successes
- Enhance communication skills by expressing themselves through musical and group activities
- Connect, build and strengthen peer relationships in a supportive environment
- Develop problem-solving skills through structured and supported activities
- Grow perspective-taking skills by understanding others' viewpoints, thoughts, and feelings, promoting empathy and social understanding.
- Develop self-regulation and self-awareness by gaining an understanding of their emotions and behaviours
- Explore self-advocacy skills by supporting children to recognise their needs and express themselves confidently in positive and creative ways

Who's it for?

Children aged 6-10 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 2 hour group session
- Session summary
- Take-home resources from the session

What's the cost?

Session Cost: $430 - $268 (3-8 people)

When is it on?

Fri 25 Sep
1:30pm - 3:30pm (2hrs)

Levels of Support

To ensure a supportive environment, all programs are designed with a clinician-to-child ratio of 1:3 or 1:4 as a minimum standard.

However, some children may benefit from additional support to fully engage in group therapy. If your child requires extra help with focus, engagement, sensory regulation or emotional regulation, we offer one-to-one support options with an Allied Health Assistant (where available) for an additional cost. Alternatively, you may arrange for a support worker to attend sessions, provided they have the necessary insurance documentation. Due to insurance limitations, parents are unable to act as support within the sessions.

One-to-one support is billed separately at the Allied Health Assistant hourly rate of $86, which equates to **$129 or $344 per 1.5 - 4 hour session ($86 an hour). Costs may vary if facilitated by a Music Therapist. As of 24/11/2025, Music Therapy rate is $156.16 per hour.**

Before finalising attendance, the clinician leading the group and, if applicable, your child's individual clinician, will assess whether group therapy is the best fit for your child. As an Allied Health Provider, we are committed to providing appropriate and beneficial support, and if one-to-one support or alternative therapy options would be more effective, we will discuss these with you to ensure your child's needs are met.

Cancellation Policy

In order to conduct our group therapy sessions, a minimum of three clients must be booked to attend. To that end, if you should either fail to attend or cancel with less than 48 hours notice of any individual session, a cancellation fee of 100% of the scheduled fee will apply.

In the event that we do not meet the quota of clients, we will need to cancel the group program. This will incur no financial penalty to participants.

What's Next?

Registrations for our School Holiday Groups will **open Monday 17 August and close on Sunday 13 September 2026.** As places are limited and we aim to ensure the program is the right fit for each participant, we encourage families to register their interest as soon as possible.

To secure a place or find out more, please contact our Client Care Team on (07) 3207 2127 or email reception@lookwhostalking.net.au.

We can't wait to share this exciting School Holiday adventure with you!

Warm regards, Sarah and all the Talkers at LWT.