LOOK WHO'S TALKING

DECEMBER 2026 / JANUARY 2027

School Holiday Groups

Information Booklet

DATES

Week 1 DEC	Mon 14 Dec – Fri 18 Dec 2026
Week 2 JAN	Mon 11 Jan – Fri 15 Jan 2027
Week 3 JAN	Mon 18 Jan – Fri 22 Jan 2027

Overview

At Look Who's Talking, we're always discovering fresh and exciting ways to help our clients thrive. One of our favourite ways to support children is through group therapy—a dynamic, evidence-based approach that builds communication, confidence, connection, and real-world skills.

Why Choose Group Therapy?

Group therapy offers unique benefits that complement one-on-one therapy. In our sessions, led by experienced Speech Pathologists, Occupational Therapists, Music Therapists and Allied Health Assistants, participants can:

- Achieve goals in a team-based setting with the support of peers and professionals.
- Learn and grow through engaging, play-based activities that make learning fun and natural.
- Build essential skills in communication, social interaction, and self-expression in a safe, supportive environment.
- Gain confidence and form connections, all while enjoying a joyful and empowering group dynamic.

Why Join a School Holiday Group?

Our school holiday groups are thoughtfully designed to provide a valuable and enjoyable experience for all participants:

- **Multidisciplinary focus:** Sessions integrate skills across various areas, guided by Speech Pathologists, Occupational Therapists, Music Therapists and Allied Health Assistants.
- **Safe and supportive environment:** Smaller groups with higher therapist-to-participant ratios ensure personalised support and guidance.
- **Real-world practice:** Activities simulate everyday situations, offering opportunities to practice communication, emotional regulation, and problem-solving.
- **Boost emotional awareness:** Participants are encouraged to explore and express their thoughts and feelings, fostering emotional resilience.
- **Efficient and economical:** Make the most of your funding by targeting multiple developmental goals within a single session.
- **Flexible trial option:** Experience group therapy without the commitment of a full-term program.

A Meaningful Holiday Experience

Make the most of your school holidays by engaging in fun, skill-building activities that keep participants active, connected, and growing in a supportive community. Let's make these holidays a time for connection, confidence, and growth.

DECEMBER 2026 SCHOOL HOLIDAY TIMETABLE

MON 14	TUES 15	WEDS 16	THURS 17	FRI 18
Christmas Crafters 10:00am -12:00pm Jolly Bakers 10:30am -12:30pm	Santa's Workshop 8.30am - 12:30pm Jnr DOTS 1 9:30am - 12:30pm Look Who's Gaming Jr 3.45pm - 5.15pm	Christmas Crafters 10:00am -12:00pm Jolly Bakers 10:30am - 12:30pm Snr DOTS 1 1:30pm - 4:30pm	Santa's Workshop 8.30am - 12:30pm Look Who's Gaming Snr 3.45pm - 5.15pm	Tiny Tunes 10:00am - 11:30am Melodies and Jingle Bells 1:30pm - 3:30pm

JANUARY 2027 SCHOOL HOLIDAY TIMETABLE

MON 11	TUES 12	WEDS 13	THURS 14	FRI 15
Literacy Launchpad 9:00am -11:00am Sunshine, Sprinkles & Sweets 10:30am - 12:30pm Snr Look Who's Performing 1:30pm - 5:30pm Summer Crafters 1:30pm - 3:30pm	Growing into Prep 9:00am - 12:00pm Jnr DOTS 2 9:30am - 12:30pm Snr Look Who's Performing 1:30pm - 5:30pm Look Who's Gaming Jr 3.45pm - 5.15pm	Jnr Look Who's Performing 8.30am - 12:30pm Literacy Launchpad 9:00am-11:00am Snr DOTS 2 1:30pm - 4:30pm	Jnr Look Who's Performing 8.30am - 12:30pm Growing into Prep 9:00am - 12:00pm Look Who's Gaming Snr 3.45pm - 5.15pm	Literacy Launchpad 9:00am-11:00am Tiny Tunes 10:00am - 11:30am Summer Melodies 1:30pm - 3:30pm

MON 18	TUES 19	WEDS 20	THURS 21	FRI 22
Literacy Launchpad 9:00am-11:00am Sunshine, Sprinkles & Sweets 10:30am - 12:30pm Snr Look Who's Performing 1:30pm - 5:30pm Summer Crafters 1:30pm - 3:30pm	Growing into Prep 9:00am - 12:00pm Jnr DOTS 3 9:30am - 12:30pm Snr Look Who's Performing 1:30pm - 5:30pm Look Who's Gaming Jr 3.45pm - 5.15pm	Jnr Look Who's Performing 8.30am - 12:30pm Literacy Launchpad 9:00am-11:00am Snr DOTS 3 1:30pm - 4:30pm	Jnr Look Who's Performing 8.30am - 12:30pm Growing into Prep 9:00am - 12:00pm Look Who's Gaming Snr 3.45pm - 5.15pm	CLINIC CLOSED

Santa's Workshop

Our School Holiday Clinic!

Why attend?

Step into a world of wonder, learning, and seasonal magic with our group therapy program! Led by our expert Speech, Music, and Occupational Therapists, this program is filled with fun-filled activities designed to support communication, motor skills, emotional regulation, and self-confidence.

Children will engage in singing and movement to music and fun group games to practice sharing and turn-taking, enjoy sensory play with various materials to support self-regulation, and bake and decorate seasonal treats to develop fine motor skills and foster creativity. Your child will enjoy a supportive, skill-building adventure and spots are limited, so don't miss this experience!

What your child will gain

During the group, your child will have opportunities to:

- Practice expressive and receptive language skills through team activities, following instructions, and group discussions
- Build social communication (social skills) by working together cooperatively, taking turns, and supporting peers in a group setting
- Strengthen coordination and motor skills through activities like crafting, baking and yoga
- Engage in sensory-rich experiences in a supportive environment, learning to explore preferences with new textures, sounds, and movement
- Gain confidence by completing tasks independently, like creating crafts or participating in team games, fostering a sense of accomplishment
- Explore creativity through crafts, storytelling, and imaginative play, encouraging self-expression
- Develop strategies for managing emotions with therapist support during challenging or stimulating tasks
- Develop independence through supported routines and group participation.

What activities will my child participate in

Across four fun-filled hours, children will enjoy a variety of activities designed to boost communication, motor skills, creativity, and confidence through speech, occupational, and music therapy. Here are <u>just some</u> of the engaging activities within the program:

Get to know you Bingo

Children kick off the day by crafting cheerful Christmas themed name tags and play a "Get To Know You" bingo to build confidence, learn names, and make fast friends!

Gingerbread Cookie Decorating

Children mix, bake, and decorate yummy Christmas themed Gingerbread Cookies. While they're having fun, they're also building fine motor skills, sequencing, and following instructions.

Reindeer and Relay Games

Children have a wonderful time engaging in 'Freeze Dance' while listening to Christmas songs and Happy Holidays themed music. Children participate in 'Snowball Throw' and 'Elf Hat Ring Toss' where they strengthen coordination and fine and gross motor skills.

Sensory Play

Children play with Christmas themed sensory items that help to initiate and maintain interactions with peers, while being supported to advocate for their own choices and demonstrate the ability to compromise and problem solve with peers.

Sensory Treasure Hunt

Using their senses, children will engage in exploring a Christmas themed sensory bag and then go on a scavenger hunt to find similar textures! It's a hands-on way to build vocabulary, confidence, and sensory exploration while celebrating the season.

Christmas Story Telling

We gather to read a Christmas story together with character play and puppets. This supports language skills, imagination, and smooth transitions.

Holiday Carols

Children sing and move along to Christmas classics like Rudolph the Red Nosed Reindeer and Jingle Bells! This playful activity encourages self-expression and social connection all while celebrating the joys of the season.

Each session will be different and stimulating! View the full schedule of events across the workshops **by clicking the link below!**

Who's it for?

Children aged 6-9 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 4 hour group session
- Session summary
- Take-home materials from the session

Santa's Workshop
CLICK HERE FOR MORE INFORMATION

Information Pack

What's the cost?

Session Cost: $744 - $421 (3-8 participants)

When is it on?

Tues 15 Dec 8:30am - 12:30pm (4hrs)
Thurs 17 Dec 8:30am - 12:30pm (4hrs)

NEW

Look Who's Performing – Jnr & Snr

Does your child love acting, drama, storytelling and being part of a team?

Why attend?

This fun and inclusive group uses drama, theatre and play to create opportunities for children to connect with peers, build confidence and develop social communication skills – all while exploring a shared interest.

Through games, creative activities, role-play and theatre-based activities, children will have opportunities to practise:

- Understanding different perspectives
- Cooperation, teamwork and compromise
- Problem-solving and flexible thinking
- Recognising and understanding emotions
- Self-advocacy and expressing their ideas
- Connecting with peers and developing friendships
- Explore creativity at their own pace
- Be fully supported in an inclusive environment

CALLING ALL BUDDING PERFORMERS!

Who's it for?

Junior - 6-9 years
Senior - 10-14 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 4 hour group session
- Session summary

What's the cost?

Session Cost: $744 - $421 (3-8 participants)

When is it on?

Senior Look Who's Performing

- Mon 11 Jan 1:30pm - 5:30pm (4hrs)
- Tues 12 Jan 1:30pm - 5:30pm (4hrs)
- Mon 18 Jan 1:30pm - 5:30pm (4hrs)
- Tues 19 Jan 1:30pm - 5:30pm (4hrs)

Junior Look Who's Performing

- Weds 13 Jan 8:30am - 12:30pm (4hrs)
- Thurs 14 Jan 8:30am - 12:30pm (4hrs)
- Weds 20 Jan 8:30am - 12:30pm (4hrs)
- Thurs 21 Jan 8:30am - 12:30pm (4hrs)

Christmas Crafters/Summer Crafters

Why attend?

Give your child a boost in essential skills with our Christmas and Summer Crafters! This unique, holiday-themed program, designed with Speech Pathology and Occupational Therapy goals, combines themes of the season with targeted activities that strengthen fine motor skills, communication, and social connections. As children enjoy creating crafts, they'll also gain communication, confidence, and emotional regulation skills, all in a supportive, fun environment. Let your child experience the joy of creating spring-themed crafts they can proudly bring home to share!

What your child will gain

During the group, your child will have opportunities to:

- Practice cutting, gluing, and decorating to strengthen their fine motor skills
- Practice sharing, taking turns and engaging in group activities
- Build connections with peers
- Use materials with different textures and colours to explore sensory preferences
- Complete crafts with support, boosting self-esteem and problem-solving skills
- Expand their vocabulary, descriptive language, and follow multi-step directions
- Explore and develop perspective-taking skills as they share their craft with their peers

Who's it for?

Children aged 5-8 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 2 hour group session
- Session summary
- Take-home craft from the session

What's the cost?

Session Cost: $430 - $268 (3-8 participants)

When is it on?

Christmas Crafters - Mon 14 Dec 10:00am - 12:00pm (2hrs)
Christmas Crafters -Weds 16 Dec 10:00am - 12:00pm (2hrs)
Summer Crafters - Mon 11 Jan 1:30pm - 3:30pm (2hrs)
Summer Crafters - Mon 18 Jan 1:30pm - 3:30pm (2hrs)

Jolly Bakers/Sunshine Sprinkles & Sweets

Why attend?

This group is the perfect recipe for young bakers to build communication skills while developing important functional and independent living skills. Designed by Speech Pathologists and Occupational Therapists, this holiday-themed group combines the joy of baking with essential skills for life. Through hands-on activities, participants improve fine motor skills, communication, and teamwork, while exploring new sensory experiences in a supportive environment. They'll also build confidence, independence, language, and develop functional skills. Let them enjoy creating treats while developing valuable life skills!

What your child will gain:

During the group, your child will have opportunities to:

- Strengthen fine motor skills through hands-on activities like mixing, rolling, and decorating
- Practice following instructions, taking turns, and working together in a group setting
- Engage with new textures, smells, and tastes, guided by therapists to support sensory preferences
- Complete baking steps with support to develop self-esteem, independence and responsibility
- Expand their vocabulary, descriptive language, follow multi-step directions and sequence steps within a recipe
- Practice counting, measuring, and communicating in a supportive environment

Who's it for?

Children aged 8-11 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 2 hour group session
- Session summary
- Take-home goods from the session

What's the cost?

Session Cost: $430 - $268 (3-8 participants)

When is it on?

Jolly Bakers - Mon 14 Dec 10:30am - 12:30pm (2hrs)
Jolly Bakers - Weds 16 Dec 10:30am - 12:30pm (2hrs)
Sunshine Sprinkles & Sweets - Mon 11 Jan 10:30am - 12:30pm (2hrs)
Sunshine Sprinkles & Sweets - Mon 18 Jan 10:30am - 12:30pm (2hrs)

Literacy Launchpad

Why attend?

Join us as we help children who find reading and spelling tricky! This group is based on the evidence-based program called Sounds-Write. Sounds-Write uses hands-on activities to help children connect the sounds they hear and say with letters, helping the brain build new connections for reading and spelling. Our group helps enable children to build confidence and skills in this area, in a supportive and encouraging environment alongside peers!

What your child will gain:

During the group, your child will have opportunities to:

- Hearing, identifying and manipulating individual sounds in spoken words
- The relationship between letters and sounds
- Fluency to read with speed, accuracy and expression
- Increase vocabulary to connect new words with words they already know
- Comprehension skills to understand and remember what has been read to them

Who's it for?

Children aged 5-8 years - check with your Clinician

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 2 hour group session
- Session summary
- Take-home activity

What's the cost?

Session Cost: $430 - $268 (3-8 participants)

When is it on?

Mon 11 Jan 9:00am - 11:00am (2hrs)
Weds 13 Jan 9:00am - 11:00am (2hrs)
Fri 15 Jan 9:00am - 11:00am (2hrs)
Mon 18 Jan 9:00am - 11:00am (2hrs)
Weds 20 Jan 9:00am - 11:00am (2hrs)

Growing into Prep

Why attend?

This Group equips kids with the opportunity to develop essential skills for a smooth and successful transition to school life. Our Speech Pathologists nurture communication and social skills, helping children connect with others and build essential language skills for the classroom, while our Occupational Therapists focus on motor skills, independence, and emotional regulation.

Through engaging, structured activities, your child will participate in a variety of tasks and experiences, similar to those within the school environment, but with the added bonus of a small supportive setting tailored to their needs. Set them up for success and let them step into school prepared and self-assured!

What your child will gain:

During the group, your child will have opportunities to:

- Interact confidently with a small group of peers, follow directions, and express their needs
- Practice sharing, taking turns and engage in group activities, building connections with peers
- Develop fine motor skills for tasks like holding a pencil, cutting and self care skills like zipping and buttoning
- Learn strategies to handle big emotions and manage transitions
- Develop and understanding of sounds within words and emerging print awareness skills
- Build the ability to recall and retell early narratives
- Expand their language skills including following complex directions
- Build their vocabulary for literacy, understand concepts and 'wh' questions

Who's it for?

Children preparing for Prep in 2027 ages 4-6 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 3 hour group session
- Session summary
- Take-home activity

What's the cost?

Session Cost: $650 - $405 (3-8 participants)

When is it on?

Tues 12 Jan 9:00am - 12:00pm (3hrs)
Thurs 14 Jan 9:00am - 12:00pm (3hrs)
Tues 19 Jan 9:00am - 12:00pm (3hrs)
Thurs 21 Jan 9:00am - 12:00pm (3hrs)

Look Who's Gaming - Jnr

Why attend?

Look Who's Gaming- Jnr is designed to help young gamers connect and grow in a fun, social setting. Through engaging video games, children build teamwork, communication, and problem-solving skills while making friends with peers who share their interests. This program also fosters essential life skills like understanding perspectives, interpreting body language, and managing emotions in a safe, neuro-affirming space. Let your child thrive, gain confidence, and develop key social skills—all while enjoying the world of gaming in a supportive environment!

What your child will gain:

During the group, your child will have opportunities to:

- Learn to work effectively with peers through group gaming activities
- Practice sharing ideas, listening to others, and discussing strategies
- Understand and appreciate different viewpoints and practice empathy in a group setting
- Gain awareness of others' body language, facial expressions, and tone of voice
- Increase understanding of personal strengths and learn to express needs effectively
- Form meaningful connections with peers who share similar interests in gaming

Who's it for?

Children aged 7-10 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 1.5 hour group session
- Session summary

What's the cost?

Session Cost: $360 - $244 (3-8 participants)

When is it on?

Tues 15 Dec 3:45pm - 5:15pm (1.5hrs)
Tues 12 Jan 3:45pm - 5:15pm (1.5hrs)
Tues 19 Jan 3:45pm - 5:15pm (1.5hrs)

Look Who's Gaming - Snr

Why attend?

Look Who's Gaming – Snr is an inclusive program where older children and teens can build connections and social skills through a shared passion for gaming. Gaming provides a fun and motivating way to practise teamwork, communication and problem-solving. Through fun activities and discussions about favourite gaming elements, participants practice collaboration, self-regulation, and perspective-taking. It's a great way for older children and young teens to gain confidence, make friends, and develop essential social communication skills in a supportive, engaging environment.

What your child will gain:

During the group, your child will have opportunities to:

- Build connections and friendships with peers who share similar gaming interests
- Improve cooperation and communication through multiplayer games and group activities
- Practice critical thinking and strategy in gaming challenges
- Learn to understand and appreciate different viewpoints within a group
- Gain skills to manage and express emotions and how to recognise this within their peers
- Increase confidence in sharing needs and expressing personal strengths and interests

Who's it for?

Children aged 11-15 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 1.5 hour group session
- Session summary

What's the cost?

Session Cost: $360 - $244
(3-8 participants)

When is it on?

Thurs 17 Dec 3:45pm - 5:15pm (1.5hrs)
Thurs 14 Jan 3:45pm - 5:15pm (1.5hrs)
Thurs 21 Jan 3:45pm - 5:15pm (1.5hrs)

JUNIOR DOTS: Choose your Adventure/s

JNR DOTS 1. JUST DESSERTS (Tues 15 Dec)

Help a frantic cook contain a kitchen disaster as enchanted puddings run wild through their banquet hall.

JNR DOTS 2. GIFT GETAWAY (Tues 12 Jan)

Bandits have stolen the village's Winterfest gifts! Race through a raging snowstorm to reclaim them before they're lost forever.

JNR DOTS 3. CATCHING A CHILL (Tues 19 Jan)

A haunting blizzard spreads from a castle's cursed halls on Winterfest morning. Confront the undead and thaw the land's frozen heart.

Why attend?

Dragons of the Spectrum is a structured, play-based social skills program designed to build teamwork, communication and problem-solving. It is a structured and manualised learning program for older teens and young adults. Built around a simplified tabletop role-playing game, DOTS helps participants build social confidence, emotional awareness, and peer connection in a safe, neuro-affirming environment.

DOTS is designed for neurodivergent children, including those with Autism, ADHD, and PDA. It values different communication styles, creativity, and individual strengths, and supports skill generalisation through weekly take-home missions.

What your child will gain:

During the group, your child will have opportunities to:

- Participate in informed social learning with fantasy role-play
- Gain confidence in a neuro-affirming environment
- Celebrate individual strengths, diverse communication styles and creativity
- Gain structured skill development through cooperative storytelling
- Build relationships through teamwork, shared success and challenges
- Reflective play as a vehicle for emotional insight and flexible thinking
- Self-awareness and emotional language
- Coping strategies and emotional regulation
- Turn-taking and collaborative planning skills
- Perspective-taking and empathy

Who's it for?

Children aged 10-12 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 15 min initial introduction phone call
- 3 hour session with two 10 min breaks built into the session
- A summary of the rules and game play of DOTS to be read beforehand
- Session summary

What's the cost?

Session Cost: New Client to DOTS $550 - $420 (3-6 participants)
Returning Client to DOTS $500 - $390 (3-6 participants)

When is it on?

Jnr DOTS 1 - Tues 15 Dec 9:30am - 12:30pm (3hrs)
Jnr DOTS 2 - Tues 12 Jan 9:30am - 12:30pm (3hrs)
Jnr DOTS 3 - Tues 19 Jan 9:30am - 12:30pm (3hrs)

SENIOR DOTS: Choose your Adventure/s

SNR DOTS 1. JUST DESSERTS (Weds16 Dec)

Help a frantic cook contain a kitchen disaster as enchanted puddings run wild through their banquet hall.

SNR DOTS 2. GIFT GETAWAY (Weds 13 Jan)

Bandits have stolen the village's Winterfest gifts! Race through a raging snowstorm to reclaim them before they're lost forever.

SNR DOTS 3. CATCHING A CHILL (Weds 20 Jan)

A haunting blizzard spreads from a castle's cursed halls on Winterfest morning. Confront the undead and thaw the land's frozen heart.

Why attend?

Dragons of the Spectrum is a structured, play-based social skills program designed to build teamwork, communication and problem-solving. It is a structured and manualised learning program for older teens and young adults. Built around a simplified tabletop role-playing game, DOTS helps participants build social confidence, emotional awareness, and peer connection in a safe, neuro-affirming environment.

DOTS is designed for neurodivergent children, including those with Autism, ADHD, and PDA. It values different communication styles, creativity, and individual strengths, and supports skill generalisation through weekly take-home missions.

What your child will gain:

During the group, your child will have opportunities to:

- Participate in informed social learning with fantasy role-play
- Gain confidence in a neuro-affirming environment
- Celebrate individual strengths, diverse communication styles and creativity
- Gain structured skill development through cooperative storytelling
- Build relationships through teamwork, shared success and challenges
- Reflective play as a vehicle for emotional insight and flexible thinking
- Self-awareness and emotional language
- Coping strategies and emotional regulation
- Turn-taking and collaborative planning skills
- Perspective-taking and empathy

Who's it for?

Children aged 13-17 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 15 min initial introduction phone call
- 3 hour session with two 10 min breaks built into the session
- A summary of the rules and game play of DOTS to be read beforehand
- Session summary

What's the cost?

Session Cost: New Client to DOTS $550 - $420 (3-6 participants)
Returning Client to DOTS $500 - $390 (3-6 participants)

When is it on?

Snr DOTS 1 - Weds 16 Dec 1:30am - 4:30pm (3hrs)
Snr DOTS 2 - Weds 13 Jan 1:30am - 4:30pm (3hrs)
Snr DOTS 3 - Weds 20 Jan 1:30am - 4:30pm (3hrs)

Tiny Tunes

Why attend?

Tiny Tunes is a joyful, music-filled group for 2–5 year-olds who need a little extra support with communication! Led by a Speech Pathologist and Music Therapist, sessions are packed with singing, movement, instruments, and play-based fun, all designed to stimulate language, develop communication skills, and build confidence. Parents join in too, learning simple, practical strategies to support communication at home. It's a warm, playful space where little voices grow through music, movement, and connection.

What your child will gain:

During the group, your child will have opportunities to:

- Explore regulation concepts through fun, music-based activities
- Develop narrative language skills and early literacy through music and storytelling
- Build fine & gross motor skills while supporting early language development through music
- Nurture early development through music and movement.
- Use key word signs and other ways to support communication
- Grow in confidence while having fun
- Strengthen their bond with you as you learn helpful strategies together

Who's it for?

Children aged 2-5 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 1.5 hour group session
- Session summary
- Take-home resources

What's the cost?

Session Cost: $360 - $244 (3-8 participants)

When is it on?

Fri 18 Dec 10:00am - 11:30am (1.5hrs)
Fri 15 Jan 10:00am - 11:30am (1.5hrs)

Melodies and Jingle Bells/ Summer Melodies

Why attend?

Make music. Make friends. Build confidence!

Join our fun-filled musical adventure where children can sing, move, play, explore and connect with others! Our Music programs bring together a Music Therapist and Speech Pathologist to support children as they build confidence, communication skills and positive friendships through engaging music-based activities.

Most importantly, every session is designed around your child's strengths, interests and unique personality, creating a supportive environment where they can have fun, connect with others and feel proud of what they can achieve.

What your child will gain:

During the group, your child will have opportunities to:

- Build confidence and a sense of achievement as they try new things, and celebrate their successes
- Enhance communication skills by expressing themselves through musical and group activities
- Connect, build and strengthen peer relationships in a supportive environment
- Develop problem-solving skills through structured and supported activities
- Grow perspective-taking skills by understanding others' viewpoints, thoughts, and feelings, promoting empathy and social understanding.
- Develop self-regulation and self-awareness by gaining an understanding of their emotions and behaviours
- Explore self-advocacy skills by supporting children to recognise their needs and express themselves confidently in positive and creative ways

Who's it for?

Children aged 5-8 years

What's included?

- Facilitated by 2 Allied Health Professionals
- 10min initial introduction phone call
- 2 hour group session
- Session summary
- Take-home resources from the session

What's the cost?

Session Cost: $430 - $268 (3-8 participants)

When is it on?

Melodies and Jingle Bells - Fri 18 Dec 1:30pm - 3:30pm (2hrs)
Summer Melodies - Fri 15 Jan 1:30pm - 3:30pm (2hrs)

Levels of Support

To ensure a supportive environment, all programs are designed with a clinician-to-child ratio of 1:3 or 1:4 as a minimum standard.

However, some children may benefit from additional support to fully engage in group therapy. If your child requires extra help with focus, engagement, sensory regulation or emotional regulation, we offer one-to-one support options with an Allied Health Assistant (where available) for an additional cost. Alternatively, you may arrange for a support worker to attend sessions, provided they have the necessary insurance documentation. Due to insurance limitations, parents are unable to act as support within the sessions.

One-to-one support is billed separately at the Allied Health Assistant hourly rate of **$86**, which equates to **$129 or $344 per 1.5 - 4 hour session ($86 an hour). Costs may vary if facilitated by a Music Therapist. As of 24/11/2025, Music Therapy rate is $156.16 per hour.**

Before finalising attendance, the clinician leading the group and, if applicable, your child's individual clinician, will assess whether group therapy is the best fit for your child. As an Allied Health Provider, we are committed to providing appropriate and beneficial support, and if one-to-one support or alternative therapy options would be more effective, we will discuss these with you to ensure your child's needs are met.

Cancellation Policy

In order to conduct our group therapy sessions, a minimum of three clients must be booked to attend. To that end, if you should either fail to attend or cancel with less than 48 hours notice of any individual session, a cancellation fee of 100% of the scheduled fee will apply.

In the event that we do not meet the quota of clients, we will need to cancel the group program. This will incur no financial penalty to participants.

What's Next?

Registrations for these School Holiday Groups will open Monday 9 November and close on Sunday 6 December 2026.
As places are limited and we aim to ensure the program is the right fit for each participant, we encourage families to register their interest as soon as possible.

To secure a place or find out more, please contact our Client Care Team on (07) 3207 2127 or email reception@lookwhostalking.net.au

We can't wait to share this exciting School Holiday adventure with you!

Warm regards, Sarah and all the Talkers at LWT.

DATES

Week 1 DEC	**Mon 14 Dec – Fri 18 Dec 2026**
Week 2 JAN	**Mon 11 Jan – Fri 15 Jan 2027**
Week 3 JAN	**Mon 18 Jan – Fri 22 Jan 2027**